



*New Schedule
Effective: Aug 26th, 2019*

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Please inquire about After School Martial Arts Program

	MON	TUE	WED	THU	FRI	SAT
<p>2020 After School & Summer Camp Early-Bird Special (Please contact our studio for more information) Drop off time - 6:30am ~8:30am / Pick up time - 4pm ~ 6:30pm (Extended Pick-up time available by 7pm)</p>						9:30am-10:05am Little Dragon 6 & under
5:10pm -5:40pm	Little Dragon 6 & under	Little Dragon 6 & under	Little Dragon 6 & under	Little Dragon 6 & under	Little Dragon 6 & under	10:10am-10:50am Children All Level
5:45pm -6:25pm	Beginner Intermediate	Beginner Intermediate	Beginner Intermediate	Beginner Intermediate	Children All level Friday class	Adults / Teen Traditional TKD Cardio Fitness Kick-Boxing
6:30pm -7:15pm	High-intermediate / Advanced	High-intermediate / Advanced	High-intermediate / Advanced	High-intermediate / Advanced	Brown-Black Belt Advanced - High Advanced Only	12pm~12:50pm Special Training
7:15pm- 8:05pm	Teen / Adults & Family class	Adults / Teen Traditional TKD Cardio Fitness Kick-Boxing	Teen / Adults & Family class	Adults / Teen Traditional TKD Cardio Fitness Kick-Boxing	Special Class	Birthday Party Available (1pm or 3pm)
8:05pm- -8:50pm					Special class Or Private class	Private Lesson Available

STUDENTS MUST PREPARE FULL UNIFORM ON TESTING DAY & BELT CEREMONY DAY

Introductory: No Belt / Beginner: White Belt through Gold Belt / Intermediate : Gold Stripe Belt through Blue Stripe Advanced:
 Brown Belt and Higher / Little Dragon (6 and under) / Children (7-12) / Teen & Adults (13 and up) / Family (7 and up)

Your first trial with Mt.Kim BDMA are free!

(Try our no-risk trial offer with the best program)

Call Now 703-753-0500